

Step into Deeper Waters

By Kimberly Sowell

*LORD, who may abide in Your tabernacle? Who may dwell in Your holy hill?
He who walks uprightly, and works righteousness, and speaks the truth in his heart.
Psalm 15:1-2 NKJV*

You're a woman who tells the truth. Good for you! Your friends and family appreciate your honesty, and they admire how your every word is seasoned with love and gentleness, of course. It's a lifetime achievement, learning to speak the truth. Now I invite you to step into deeper waters.

Are you consistently telling the truth - *to yourself*? It matters to God. Psalm 15:2 prescribes moral living, good works, and then something so deeply personal, such an intimate act: speaking the truth within your own mind. Upright thinking! The idea mustn't be dismissed too quickly; assessing your measure of honesty in self-talk is going to require an investment of time and a willingness to open up every mental closet for God's thorough evaluation.

Examine the private conversations you have with yourself. Do you believe you're usually right, and others are the flawed and misguided ones? Do you justify actions for yourself that you call poor behavior when others do it? Do you indulge impure thoughts? Air on the side of victimization? Do you fool yourself by quickly burying thoughts that you don't want to address with God? Do you embrace correction when God's Word speaks directly into your heart?

Linger in the deeper waters; start listening more carefully to your thoughts. Learn to speak the truth into your own heart. God's truth will set you free.